

SCHOOL BASED SERVICES

STUDENT ASSISTANCE PROGRAM

and

PREVENTION

Hello April



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WELCOME

Welcome to the April 2024 issue of the Devereux TCV Community Services School Based Services Newsletter! Please share with your staff and families. We are getting closer and closer to the end of the school year and that's hard to believe. If you have any needs over the summer that you might need help with, please let me know ASAP. I'm planning now for what the staff will be doing over the summer. As always call me or email me if you need anything for your school district or surrounding communities.

Jim Phillips 412-862-5565

Manager of School Based Services

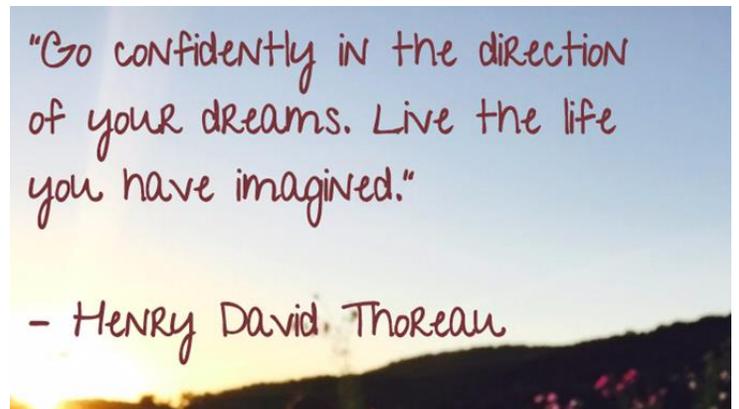
1800 West Street

Homestead, PA 15120

412-464-1522 x2351

"Go confidently in the direction of your dreams. Live the life you have imagined."

- Henry David Thoreau





APRIL IS NATIONAL
**AUTISM
AWARENESS**
MONTH

AWARENESS

- Most obvious signs of autism appear between two and three years old.
- Children may fail to respond to their name or have a reduced interest in people.
- Around one third of people with autism stay nonverbal their whole life.
- Seizures, ADHD, and anxiety frequently accompany autism.



ACTION

- Developmental delay screenings should occur at nine months.
- Autism Spectrum Disorder screenings should be at 18 months.
- Child psychologists and neurologists can help detect autism in your child.

INCLUSION & ACCEPTANCE

- Children with Autism don't get the same sense of inclusion in schools as other children, making them feel excluded and alienated.
- Adults with autism often have trouble getting a job.
- Social inclusion is having access to education, health care, and services.
- The Convention on the Rights of Persons with Disabilities states those with autism have the right to be included in their community.



BRADDOCK COMMUNITY CLEAN-UP DAY



SATURDAY, APRIL 27, 2024

10am – 1pm

Meet at Braddock Municipal Building

415 6th Street - Braddock, PA 15104

Volunteers Needed!

Take pride in your community and help clean the streets.
Bring a team! Ask a friend and coworker, church, school, and
clubs. Supplies and tools provided!

To volunteer, call Jim @412- 862-5565 or Diane @412-412-273-6465.



Ways to Manage Stress

INSTANTLY



Breathing Exercises



Watch Funny Things



Try Aromatherapy

SHORT TERM



Go For A Walk



Journal Feelings



Practice Meditation

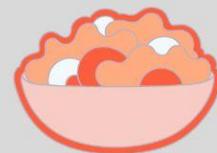
LONG TERM



Make time For Leisure



take time To Exercise



Eat Healthy

Coloring Therapy: Mandalas

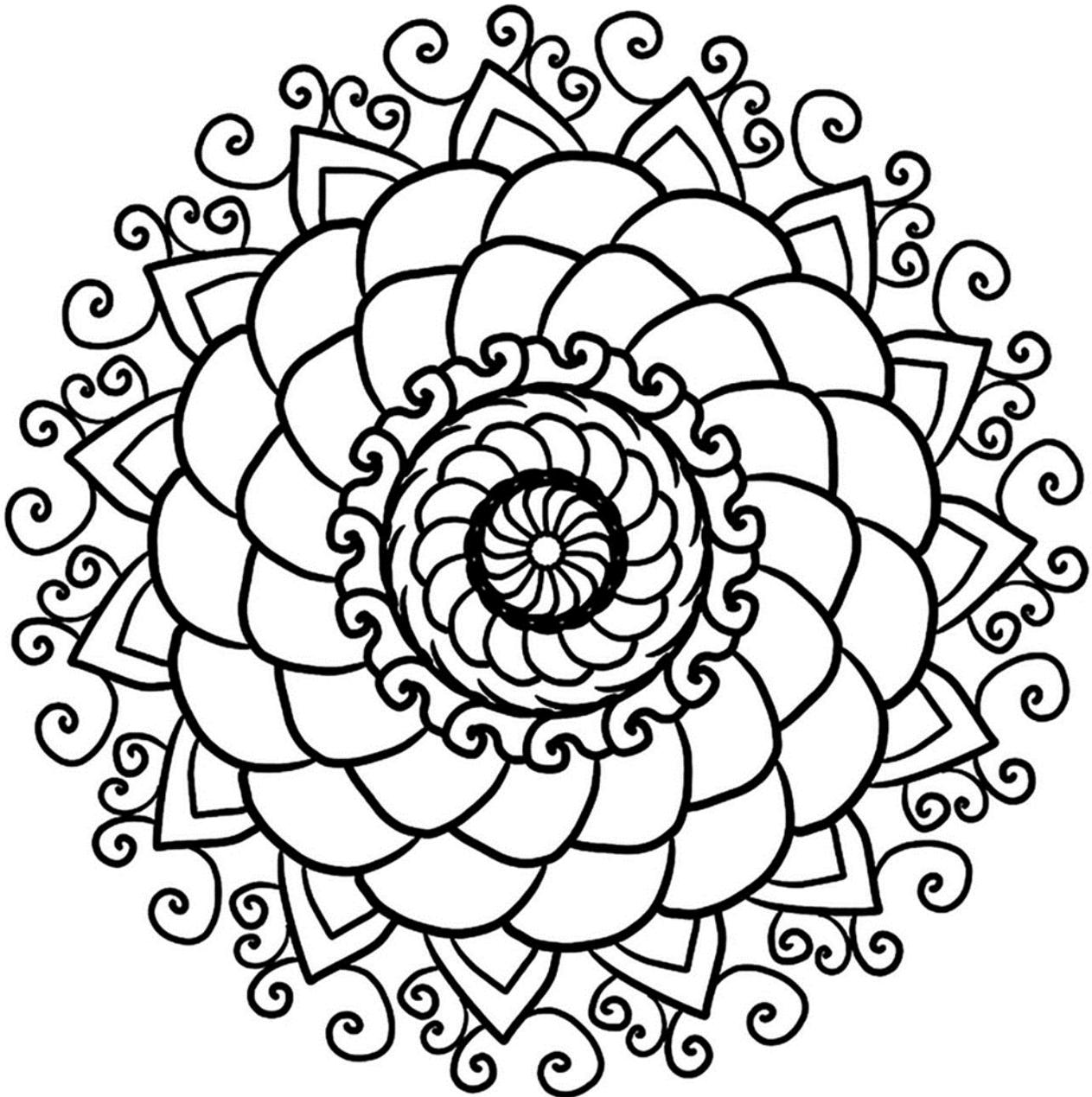
Aids release of negative thoughts and emotions

Decreases tension and anxiety, can be used as a stress management tool

Increases focus and allows self-healing

Increases self-reflection and personal awareness

Encourages creativity and self-expression





Spring Word Search



N Q F I P F S D R I B L S B F Z R
 J V P X X O X S B G P I S R E P S
 T D X M R A W S N P T R R F S Q E
 N M Z B G T E A E O Z P E N J M O
 Y D B M P G A R N I X A W A J E U
 G S Y C T X S G I U R V O T N V V
 G I S N Q E T X H V U L H Q X Q C
 E V P F J V E K S Y U S S Z B Y L
 V D T L C P R E N A P R E E Q M I
 K D W O R Y D R U M B R E L L A W
 M R G W D Z B A S E B A L L L R Q
 R R T E Q W Q Y V T J D L A H C E
 M B H R M W D Q T W W Q R Q X H U
 M F M S E R J F N O T T A G S H E
 N G N I R P S X X B G A I S I V W
 E R H I I I L M G R E E N Y L T R
 Y R W D M L G Q T T I A O A F F B

SPRING
 MAY
 GREEN
 WARM
 UMBRELLA



MARCH
 FLOWERS
 GRASS
 SHOWERS
 EASTER



APRIL
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 SUNSHINE
 RAIN
 BIRDS



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