Counseling & Support Services Team Newsletter

Winter '23 Edition

Dream Team

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Ms. Ty Beck, M.Ed., College & Career Counselor tybeck@upcs.net (412) 436-9466

Ms Jessica Crislip, M.A., Ed.S., School Psychologist jcrislip@upcs.net (412) 392-4601 x260

Ms Melissa Fratangelo, Middle School Counselor mfratangelo@upcs.net (412) 392-4601 x203

Ms. Denise Washington, L.S.W., Social Worker dwashington@upcs.net (412) 392-4601 X652

School Counseling & Support Services Mission Statement

The mission of Urban Pathways 6–12 Charter School's counseling and support services department is to empower students to develop and maximize their full potential and prepare to meet their college and career goals. The school counseling and support services team delivers a comprehensive, data-informed program that helps all students to gain the knowledge, skills and attitudes necessary for academic success, career exploration and social/emotional development. The school counseling and support services department partners with educators, families and community members to advocate for equity, access and success for all.

School Counseling & Support Services Vision Statement

All students from Urban Pathways 6–12 Charter School are college and career-ready and meet the challenges and high expectations of the 21st century. Our students have access to learning, behavior, and mental health support needed to thrive at school, home, and throughout life. Students are able to engage in personal inquiry and growth, social responsibility, and academic excellence. They are successful, lifelong learners and productive citizens.

UPCS 6-12

We're excited to continue working with students in 2023!!

Grief Awareness Day



Children's Grief Awareness Day took place Nov 17th. It's an opportunity to make sure that grieving children receive the support they need.

Peer 2 Peer





Friday January 13, 2023

The P2P Kickoff Social took place on Nov. 29th after school. It was a chance for mentors and mentees to come together and hang out to get to know each other a bit before being matched.

Resources

Winter Self-Care Tips I.Treat Yourself 2. Make the Most of the Light



3. Prioritise Your Plans



QXfinity Affordable Connectivit Program	
1165	
Affordable Connectivity P (ACP)	rogram
Under the ACP program, qua households receive subsidies	
\$30/month for Internet acce	•••
	fa
\$100 toward the purchase o	
\$100 toward the purchase o connected device (computer from an ACP provider.	

Important Dates: January 13, 2023 Quarter 2 Ends January 16, 2023 NO School January 17, 2023 No School for Students January 18, 2023 Asynchronous Day & Learning Partnerships



914 Penn Ave., Pittsburgh, Pa | <u>www.UPCS.net</u>

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College & Career













L to R: Pgh Promise Fair, HBCU College Fair, Lazeiah J. at South Hills Beauty Academy, Duquense University Visit, Infinite Scholars Fair, & Temple University Visit

Additional SAT Test Dates:

March II, 2023 May 6, 2023 June 3, 2023

Additional ACT Test Dates:

February 11, 2023 April 15, 2023 June 10, 2023 July 15, 2023

*Students are fee waiver eligible to take each test twice at no cost to them.

NEW YEAR

Trades Career Fair





How High School Students Can Make The Most of Winter Break

- Have Fun & Relax
- Take Care of Your Body
- Volunteer & Give Back
- Read A Book For Yourself
- Read your Notes
- Try Something New



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